# **Supervision is** required at all times

Supervision requires that adults:



- Stay in the same room/outdoor area
- Ensure that your children are playing safely with other children, materials & toys
- Take your children with you if you leave ٠ for any reason (restroom/phone call).
- Keep all children in your group together. Adults must be able to directly supervise all children in care
- Do not drop children off while parking.
- Do not leave children unattended in vehicles at any time.
- Refrain from cell phone use that prevents adequate supervision

# Why no phones?

Your child's development and wellbeing are harmed by screen use. Both theirs AND yours. It is associated with



communication, problem solving and emotional intelligence. Where your eyes and attention are communicate what's important! We ask that all adults refrain from cell phone use.

Studies linked here:



delays in language,



# Why child led play?

Child-led play allows the child's interest to lead the direction of play. This forms the foundation of "Serve and Return." This is the best way to support a child's brain growth. The first step is to notice what your child is interested in. By noticing, and then following their lead, we can engage in meaningful back and forth interactions that support brain development. Information on "serve and return" can be found here:





Play and Learn supports growth in literacy, mathematics, cognitive, language, social-emotional and motor development. Children also benefit from socialization with other adults and friends. While playing, children need active adult engagement, both to model respectful play behavior and help

conflicts



# Welcome to **Everett Public Schools Play and Learn**



# What is Play and Learn?

Play and Learn is a free program for parents and caregivers to engage in child-led play with their children ages birth thru five. Sessions are



held five days a week, from 10:30-12:00. Calendar and location info can be found at



No reservation or pre-registration is needed.

#### **Daily Schedule:**

10:30-11:40 Child Led Play 11:40-11:50 Clean Up 11:50-12:00 Circle Time Good-Bye 12:00

# Parking

Each location has on-site parking. Please park carefully and supervise your children as you enter.

• Everett Library Evergreen— 9512 Evergreen Way parking lot

LIBRARY

#### Mill Creek City Hall—15720

Main St, Mill Creek. Parking is available in the Mill Creek City Hall No. & So. lots. Do not park in spaces reserved

for police/city vehicles.

• Sequoia High School – 3516 Rucker Ave, Everett. Parking is available in the parking lots to the south and north of the school. DO NOT park in spaces marked for Port Gardner

families or with a cone. Street parking is available along Grand Ave (to the north) as well as Norton Ave. Use QR code to access a parking map.



•Lively Environmental Property—1918 Seattle Hill Rd, Mill Creek. Please park where directed. Parking opens at 10:30 a.m.

### **Sequoia HS Campus Safety**

- While on campus, we participate in scheduled emergency drills. Use this QR code for more info.
- Anyone with a bicycle or scooter must walk it on campus.





# Can we eat at Play and Learn?

Each site has an area outside of the play area where families can take a break and have a snack! We ask that you do not eat or drink (other than water or parent/caregiver beverages) in the play area.

# **Space and Materials**

At Play and Learn we strive to be good community partners. This includes being respectful of the spaces and materials that we share. Everyone has a part to play!

- Put away before you walk away! When you leave an area, please put toys back where you found them—on a table, in a tub, etc!
- Sweep it up! Keep play dough and sand in the tub or on the table and sweep up any spills!
- Art Station—Please check the floor for any spills and wipe up any mess. Do not take extra materials home with you as we have limited quantities available. Art materials are for children to use with adults *during* the session



# How can we best benefit from circle time?



Circle time is a fun time of songs, a story and more! Children learn to use their imagination, enjoy music and build listening skills! During circle time please:

- Sit with your child and model participation by listening, singing, dancing, etc.
- Save adult conversations for after circle time.
- Allow your child to take a break outside of circle time if they are having a difficult time. This will allow others to continue to participate. Rejoin when you can or try again next session!

### **Dual-Language Circle Times**

One week per month circle times are dual-language (see calendar), in Spanish and English! Early exposure to a variety of languages increases a child's brain neural activity, cognitive ability and executive functioning! **¡Ven a jugar con nosotros!**